

# Join Us!

The Inspire Girls programs work to break through the noise of culture & social media to help girls build identify, self-confidence & resilience to embrace their uniqueness. In a time where the shout of society is rapidly changing.



## Our program touches on:



**YOU ARE  
UNIQUE**

**Identity:**  
4 aspects of who  
you are



**YOU ARE  
FREE**

**Self – Esteem**  
Tools to create &  
build self worth



**YOU ARE  
LOVED**

**Mental Health**  
Mindfulness and  
self care



**YOU ARE  
PURPOSED**

**Resilience**  
Steps to create  
resilience & dreams



# Girls Holiday Camps 2026

Location: Hazelbrook

Duration: Monday - Friday

Campers are in a Cabin with 2-3 mentors, working together in activities and competing against other cabins.



SUMMER  
JANUARY  
5 - 9TH



AUTUMN  
APRIL  
13 - 17TH



WINTER  
JULY  
13 - 17TH



SPRING  
OCTOBER  
5 - 9TH

## Camp Program Includes

- Water Activities
- Bush walks
- Creative workshops
- Outdoor games
- Team competitions
- Life skills classes

